



Contents of
Vegetable & Fruit Boxes
for the coming week

www.trevalon.co.uk



GB Organic Certification 5

Week 4
January 2012

Source	Item	Price £ per kg / Item	Unit	£6 vegbox / kg	Price £'s	£10 vegbox / kg	Price £'s	£13 vegbox / kg	Price £'s	£16 vegbox /kg	Price £'s
Cornwall	Potatoes	0.51	kg	1.000	0.51	1.600	0.82	2.500	1.28	3.500	1.79
Devon	Carrots	1.22	kg	0.400	0.49	0.650	0.79	0.650	0.79	0.750	0.91
Devon	Onions	1.73	kg	0.400	0.69	0.650	1.12	0.850	1.47	1.000	1.73
Cornwall	Curly Kale	1.04	#	1.000	1.04	1.000	1.04	1.000	1.04	1.000	1.04
Trevalon	Mixed Salad	9.98	kg	0.100	1.00	0.150	1.50	0.150	1.50	0.175	1.75
Trevalon	leeks	2.22	kg	0.270	0.60	0.550	1.22	0.550	1.22	0.650	1.44
Trevalon	Parsnip	1.66	kg	0.400	0.67	0.600	1.00	0.650	1.08	0.750	1.25
Cornwall	Red Cabbage	1.04	#		0.00	1.000	1.04	1.000	1.04	1.000	1.04
Trevalon	Parsley	10.64	kg		0.00	0.050	0.53	0.050	0.53	0.050	0.53
Trevalon	Baby Spinach	9.98	kg		0.00		0.00	0.100	1.00	0.150	1.50
Cornwall	Swede	1.04	#		0.00		0.00	1.000	1.04	1.000	1.04
Trevalon	Artichokes	1.66	kg		0.00		0.00		0.00	0.600	1.00